

# Health and Safety Policy

The policy of the Aberdeenshire Community Recovery is to provide and maintain a safe and healthy environment that is supportive of people's recovery and mental wellbeing for all our members, plus any other people who are directly affected by our activities, such as members of the public at our events.

## Responsibility

Overall and final responsibility for health and safety at all events and activities organised by the Aberdeenshire Community Recovery lies with the management committee. This responsibility will be delegated to a named volunteer for each event or activity. This volunteer will be responsible for ensuring that this policy is upheld. The responsible person will be named in advance and their name will be noted on all relevant risk assessments. All members involved will be made aware of who is responsible for health and safety.

## General arrangements

The main activity of the Aberdeenshire Community Recovery is to organise community meetings as well as learning sessions, awareness raising activities and recovery support activities.

Aberdeenshire Community Recovery **have** taken out public liability insurance, covering the main aspects of our activities.

A risk assessment will be carried out before every one-off event or activity. This will include assessing risk as it relates to all aspects of the event or activity including: equipment; venue; volunteers; attendees, impact on mental wellbeing and personal recovery. Appropriate precautions will be taken to minimise risks related to all events and activities.

We will have a trained first aider present at all events which are open to the public. We will make sure all members and attendees at events and activities are aware of emergency procedures. All members and attendees will be made aware of the precautions they need to take as noted on the relevant risk assessment. No member will facilitate an event or activity on their own, and at least two members should stay at an event until it is finished, and the last attendees have left.

Reviewed 17<sup>th</sup> December 2025